



Informed Consent

Before you give your consent for any test or procedure, you first need to be truly informed about the risks and benefits.

Consider these points before submitting yourself:

What is the reason for the suggested test, drug, or procedure?

What are the expected results (benefits)?

On what research is this practice based (ask to see it)?

Is this just a matter of routine protocol (or a clinical trial or study)?

What are the known side effects (read package inserts, and drug labels, and do your own Internet search)?

Can we wait a while longer before we decide? How urgent is it?

Are there other options?

What are the risks if I refuse?

What other procedures or interventions will likely accompany the procedure in question?

Scenario-based questions

1. When the doctor wants/ advises to induce the labour?

Q. Can we wait till labour starts naturally?

Q. Is there any danger to my baby if we wait for labour to start naturally?

Q. How long does the induction process typically take?

Q. What is the benefit of inducing now? Will it improve my chances of Vaginal Birth?

Q. What are the risks of this method of induction for me and my baby?

Q. What would be the next steps if I decide not to proceed with induction at this time?

Q. Can I have some time to discuss this with my partner or support person before making a decision?

Q. Will I still be able to move around and use different positions during labor if I'm induced?

Q. Will induction affect my birth plan or hinder it in any way?

Q. What are the chances this induction might fail and result in a C section?

Q. What are the different types of inductions available and how invasive are they?





2. When doctor suggests an emergency C section?

- Q. What is the specific medical indication for the emergency cesarean section?
- Q. What are the potential risks and complications associated with performing a c section now?
- Q. How urgent is the need for the cesarean section? Is there any time to seek a second opinion or discuss the decision with my partner or family?
- Q. How will the cesarean section affect my recovery compared to a vaginal delivery?
- Q. Are there any alternatives to an emergency cesarean section that could be considered in my situation?
- Q. Will I be under general anesthesia or local/regional anesthesia during the procedure? What are the risks and benefits of each option?
- Q. What are the short-term and long-term implications of having a cesarean section for both me and the baby?
- Q. Are there any special precautions or measures I should take before the procedure, such as fasting or stopping certain medications?
- Q. How will the cesarean section impact future pregnancies, if at all?
- Q. What are the other options if I opt not to go for a c section now?
- Q. What is the anticipated recovery time after the procedure, and what support or assistance will I need during this period?
- Q. Are there any additional tests or evaluations that can be done to further assess the need for an emergency cesarean section?

3. When the water bag breaks at home

- Q. What are the signs and symptoms that indicate my amniotic sac has ruptured? How can I differentiate it from other types of vaginal discharge?
- Q. What is the risk of infection following the rupture of membranes, and what steps should I take to minimize this risk?
- Q. What is the recommended timeframe for labor to begin after the amniotic sac ruptures? How will you monitor the progress and ensure the well-being of both me and the baby during this waiting period?
- Q. Are there any restrictions on activities or behaviors I should follow after my water breaks?
- Q. What is the risk of umbilical cord prolapse occurring after the amniotic sac ruptures, and what steps should I take if I suspect this complication?
- Q. How will you monitor the baby's well-being after the rupture of membranes? What tests or evaluations will be conducted to assess the baby's condition?
- Q. Will I need to take any medications, such as antibiotics or antiviral drugs, following the rupture of membranes? If so, what are the reasons for prescribing these medications?
- Q. If labor does not begin spontaneously within the expected timeframe, what are the options available for inducing labor? What are the risks and benefits associated with each option?
- Q. How will the rupture of membranes affect my birth plan or preferences, if I have any? Can I still pursue a vaginal delivery, or is a cesarean section more likely?
- Q. What are the potential risks and complications associated with an extended period of time between the amniotic sac rupture and the onset of labor?

